

Social and Emotional Learning

Reference programme of the 6-day course (30x45 min lessons)

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[Register for the course here!](#)

Day 1	<ul style="list-style-type: none">● Registration● Fundamentals: principles, structure, framework of the course● Tools for self-reflection on learning and professional development● Introduction to social and emotional learning theories in educational contexts
Day 2	<ul style="list-style-type: none">● Understanding the impact of social and emotional skills on students' behaviours and achievement● Supportive learning culture in schools● Understand how Finland incorporates SEL in its national curriculum and educational philosophy
Day 3	<ul style="list-style-type: none">● Nurturing positive peer interactions and group dynamics● Facilitating collaborative learning experiences● Managing conflicts and promoting teamwork● Implementing effective communication and feedback techniques
Day 4	<ul style="list-style-type: none">● Integrating social and emotional learning principles into classroom management● Strategies for promoting engagement and participation● Creating a safe and inclusive learning environment
Day 5	<ul style="list-style-type: none">● Developing tools for assessing social and emotional learning outcomes● Implementing continuous improvement strategies● Building a sustainable culture of social and emotional learning in schools
Day 6	<ul style="list-style-type: none">● Final reflection on knowledge and skills acquired● Reflection about possible dissemination strategies● Networking again● Evaluation of the programme

While keeping in mind the described learning outcomes (see below), some details of the reference programme may change, and the course is always adapted to the actual needs and requests of the participants.

Objectives and learning outcomes of the course

The goal of the course is not simply sharing information, but supporting participants in adapting the course content for their own educational system, curricula and everyday practices.

Participants will:

- understand the theoretical foundations of social and emotional learning (SEL) in educational contexts, with special focus on the Finnish education environment
- be able to apply strategies to foster students' positive behaviours and attitudes as SEL educators
- be able to facilitate positive peer relationships and collaborative learning experiences through implementing social learning principles in classroom management
- learn how to assess and evaluate the impact of social learning initiatives
- develop action plans for sustaining a culture of social learning in their school environments
- improve communication skills and soft skills in English and develop language for classroom use and planning
- develop their professional skills through interacting with colleagues of other nationalities, exchanging ideas, materials and experiences
- develop their international professional network which will enhance their motivation in teaching